



Signs of Addiction

- **Changes in Appearance (dilated, red, glazed eyes)**
- **Mood Fluctuations, Sudden Bursts of Anger**
- **Manipulation & Control**
- **Hiding and Secrecy, Isolation From Family**
- **Sudden Loss or Change of Interests**
- **Change in Sleep Patterns**
- **Changes in Attitude and Personality**
- **Paranoia- (Everyone Is Out to Get Me)**
- **Hanging Out With a Bad Crowd**
- **Unexplained Financial Problems**
- **Being Gone for Long Periods of Time**
- **Things Coming up Missing/Stealing**
- **Eating Way Too Much or Way Too Little/ Loss of a Lot of Weight**
- **Lies. Lies. Lies!!**